

Games progression at Christ Church Infants School

<p>Early Years Outcomes</p> <ul style="list-style-type: none"> - Physical activity is vital in children’s all-round development, enabling them to pursue happy, healthy and active lives. - By creating games and providing opportunities for play both indoors and outdoors, adults can support children to develop their core strength, stability, balance, spatial awareness, co-ordination and agility. - Gross motor skills provide the foundation for developing healthy bodies and social and emotional well-being. Fine motor control and precision helps with hand-eye co-ordination. - Repeated and varied opportunities to explore and play, with feedback and support from adults, allow children to develop proficiency, control and confidence. 	<p>National Curriculum aims at KS1</p> <p>Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.</p> <p>Pupils should be taught to:</p> <ul style="list-style-type: none"> • master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities; • participate in team games, developing simple tactics for attacking and defending.
--	---

Reception	Year 1	Year 2
Health and fitness		
<p>I can describe how the body feels when still and when exercising.</p>	<p>I can describe how the body feels before and after exercise.</p> <p>I can carry and place equipment safely.</p>	<p>I can describe how the body feels before and after different forms of exercise.</p> <p>I can explain what I need to stay healthy.</p>
Throwing and catching		
<p>I can throw underarm.</p> <p>I can throw at a target.</p> <p>I can roll a piece of equipment in different ways.</p> <p>I can move and stop safely.</p> <p>I can catch equipment with 2 hands.</p>	<p>I can throw a ball underarm and overarm.</p> <p>I can use rolling skills in a game.</p> <p>I can catch and bounce a ball.</p> <p>I can practise accurate throwing and consistent catching.</p>	<p>I can throw different types of equipment in different ways, for accuracy and distance.</p> <p>I can throw, catch and bounce a ball with a partner.</p> <p>I can use throwing and catching skills in a game.</p>

		I can use hand/eye co-ordination to control a ball.
Travelling with a ball		
I can move a ball in different ways, including bouncing and kicking. I can use equipment to control a ball.	I can travel with a ball in different ways. I can travel with a ball in different directions with control and fluency.	I can bounce and kick a ball whilst moving. I can use kicking skills in a game. I can use dribbling skills in a game.
Striking and hitting a ball		
I can hit a ball with a bat or racquet.	I can use hitting skills in a game. I can practise basic striking, sending and receiving.	I can strike or hit a ball with increasing control. I can use some of the skills for striking and fielding games. I can position the body to strike a ball.
Passing a ball		
I can kick an object at a target.	I can pass the ball to another player in a game. I can use kicking skills in a game.	I know how to pass the ball in different ways.
Using space		
Move safely around the space and the equipment. Travel in different ways, including sideways and backwards.	I can use different ways of travelling in different directions and pathways. I can run at different speeds. I can begin to use space in a game.	I can use different ways of travelling at different speeds, and following different pathways, directions or courses. I can change speed and direction whilst running. I can begin to choose and use the best space in a game.
Attacking and defending		
I can play a range of chasing games.	I can begin to use the terms attacking and defending.	I can begin to use the terms attacking and defending.

	<p>I can use simple defensive skills such as marking a player or defending a space.</p> <p>I can use simple attacking skills such as dodging to get past a defender.</p>	<p>I can use at least one technique to attack or defend to play a game successfully.</p>
Tactics and rules		
<p>I can follow simple rules.</p>	<p>I can follow simple rules to play games, including team games.</p> <p>I can use simple defensive skills such as marking a player or defending a space.</p>	<p>I can understand the importance of rules in games.</p> <p>I can use at least one technique to attack or defend to play a game successfully.</p>
Compete/ Perform		
<p>I can control my body when performing a sequence of movements.</p> <p>I can participate in simple games.</p>	<p>I can perform using a range of actions and body parts with some co-ordination.</p> <p>I can begin to perform learnt skills with some control.</p> <p>I can engage in competitive activities and team games.</p>	<p>I can perform sequences of my own with composition and co-ordination.</p> <p>I can perform learnt skills with increasing control.</p> <p>I can compete against myself and others.</p>
Evaluating and improving performance		
<p>I can talk about what I have done.</p> <p>I can talk about what others have done.</p>	<p>I can watch and describe performances.</p> <p>I can begin to say how they could improve.</p>	<p>I can watch and describe performances and use what I have seen to improve my own performance.</p> <p>I can talk about the differences between my work and that of others.</p>